

FEBRUARY 2022

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REGISTERED
PROVIDER

CHOICE SUPPORT PLUS

The Place To Be

Coastlines and Cooking

David and his support worker, Tiff, have been making the most of the summer weather lately! They've enjoyed a walk along the Penguin Beach, discovering some beautiful rocks and sea glass along the way. David and Tiff also made some jelly...yum!

NEWSLETTER



"A peacock that rests on his tailfeathers is just another turkey"

– Dolly Parton

Recent Birthdays



Peter M. celebrated his birthday on the 1st of January
Jonathon S. celebrated his birthday on the 1st of January
David T. celebrated his birthday on the 1st of January
Ann S. celebrated her birthday on the 11th of January
Sophie K. celebrated her birthday on the 12th of January
Jessie M. celebrated her birthday on the 13th of January
Morgan D. celebrated his birthday on the 17th of January
Mary W. celebrated her birthday on the 19th of January
Jacinta celebrated her birthday on the 19th of January
Jane M. celebrated her birthday on the 24th of January
Carol H. celebrated her birthday on the 25th of January
Dayna celebrated her birthday on the 26th of January
Braedon celebrated his birthday on the 27th of January
Jared T. celebrated his birthday on the 28th of January
Rosina celebrated her birthday on the 29th of January
Lisa C. celebrated her birthday on the 31st of January

Upcoming Birthdays



Nicole P. will be celebrating her birthday on the 2nd of February
Shane K. will be celebrating his birthday on the 2nd of February
Lee W. will be celebrating her birthday on the 3rd of February
Tamara M. will be celebrating her birthday on the 5th of February
Chyanne will be celebrating her birthday on the 5th of February
Leigh M. will be celebrating his birthday on the 7th of February
Ben will be celebrating his birthday on the 7th of February
Tony J. will be celebrating his birthday on the 10th of February
Patrick G. will be celebrating her birthday on the 12th of February
Gary M. will be celebrating his birthday on the 16th of February
Nigel will be celebrating his birthday on the 20th of February
Josh C. will be celebrating his birthday on the 20th of February
Darren A. will be celebrating his birthday on the 21st of February

...From everyone at Choice Support Plus, we wish you a happy birthday!

February Funnies!

Why do golfers wear two pairs of socks?

...

In case they get a hole in one!



Upcoming CSP Events

Over the last few weeks we have started up a few of our old events, and are having a few new ones:

Laser tag game night – February 4th – 6 pm – 7:30 pm – In The Zone Burnie

Movie Night – February 11th – Burnie Metro Cinema – 5:30 pm – 9 pm

CSP Dinner – Saturday February 12th – 5:30 pm – 8:00 pm – The Wharf Hotel

Penguin Market Day – February 27th – 9 am – 3 pm

Relay for Life – March 26th – March 27th

CSP Opening Day Raffle – TBA – Tickets available via the office - \$5 each or 3 for \$10

Please contact Bec for more information.



bec@choicesupportplus.com.au



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The Next CSP Dinner....

CSP will be holding our next dinner on Saturday the 12th of February at The Wharf Hotel in Wynyard. The theme will be a valentine's theme – feel free to invite your family &/or friends for an evening of fun. You can also ask your support worker if they are available to transport you and support you during the evening.

Date: 12/02/2022

Time: 5:30 pm – 8 pm

RSVP: 10/02/2022

Address: 10 Goldie St, Wynyard TAS 7325

Cost: Menu prices on Facebook and CSP website

To streamline the process of ordering for a large group of people, we ask that you tell Bec your meal choice when you RSVP

Drinks (alcoholic & non-alcoholic) can be purchased separately.

Please RSVP to Bec by 10/02/2022



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Cinema Success

The first movie night of the year was a raging success! The group went to the Burnie Metro Cinema to watch Spiderman – No Way Home. There were a few new faces to the movie nights this year... and some of the old regulars welcoming them!

The next movie night will be at the Burnie Metro Cinema on Friday the 11th of February. Please contact Bec for more information.



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Laser Tag

Where: In The Zone – 12A Wilson Street, Burnie

When: Friday 4th of February

What: Laser tag! Only 13 places available!

Time: 6:00 pm – 7:30 pm

Cost: \$14 for 2 games of laser tag

Clothing: Wearing enclosed shoes and pants or shorts is recommended

Please note that you will need to wear a mask and check in

Please contact Bec for more information.



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Movie Night

Where: Burnie Metro Cinema

When: Fortnightly on a Friday, recommenced on Friday 21st of January

What: Watching a movie at the cinema!

Time: approximately 5:30 pm – 9:00 pm

Cost: \$12 for a ticket (subject to numbers)
\$5 for a drink and popcorn

Please note that you will need to wear a mask and check in

Please contact Bec for more information.



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Rapid Relief Boxes

One of our amazing support workers, Emma, has recently started organising Rapid Relief Box's for some of our participants who are close to or are below the poverty line. The boxes contain much needed, non-perishable, essential food items. If you or anyone you know needs assistance, then please contact the office on 6454 0606.

Alternatively, if you would like to become part of the Rapid Relief Team, you can visit rrtglobal.org



Thank You

We've received so many wonderful donations over the last few weeks and we'd like to say thank you!

Tom & Tennille for the clothing

Tiff for the clothing and children's toys

The Wicks' family for the clothing and children's toys

Emma for the Rapid Relief boxes

The clothing and toys have already been redistributed to those in need, and we're continuing to distribute the emergency packs, so please let us know if you need assistance...



Pet Profiles



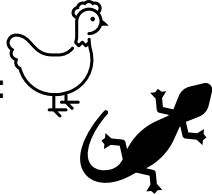
One of our ingenious support workers, Jasmin, recently suggested a pet profile section for the newsletter as many of our team are animal-lovers!

If you would like to have your pet featured in the newsletter, please email or text Kianie with a picture of your pet and the following information:

Pet name:

Breed/ Type of animal:

Age:



About me: maybe a fun fact about where they came from, or their breed, something they've done, or maybe even their favourite food :)



Wonderful Ideas

Our staff are a crafty bunch, and they've recently suggested a few fantastic ideas and event we can get involved in!

Garage Sale Day/ Garage Sale Hunt
 Australia Day – Go To The Beach & Have a BBQ
 National Multicultural 'Festival' – 19th-21st February
 International Woman's Day – 8th March
 Harmony Week – 15th-21st March
 National Close The Gap Day 16th March
 Relay For Life – Penguin – 26th – 27th March
 Easter Egg Hunt – 1st April
 ANZAC Day Crafts
 NAIDOC Week – 4th-11th July

National Kindness Day 13th November
 International Men's Day – 19th November
 National Fairy Bread Day – 24th November



Op-Shopping Day
 Clothing Swap Day
 Girls & Boys Movie Day
 Yoga/ Pilates Day
 Laser Tag – Already Planned!

A Bowling Day
 Roller-skating/ Roller-blading Day
 Take Your Dog to Work Day
 Dog Beach Day
 Penguin Market Day/ Op-Shopping Day – Already Planned!
 Regular Walking Group
 Tennis Day/ Sports Day
 Wheelchair Basketball – Back By Popular Demand!

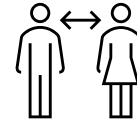


Social Distancing & COVID19 Update



Due to the recent spike in COVID19 cases within Tasmania, we ask that if you do not need to visit the office, please don't. We need to ensure that we are all doing our part to minimise the risk of spreading COVID19 and keep our team and community safe. If you do need to attend the office for any reason, please call 6454 0606 to schedule a time to visit.

We also have masks available for CSP staff to collect if they need a mask... and yes, we have purple and bee-themed masks!



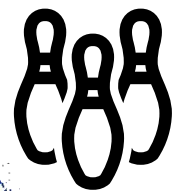
If you are interested in any of the above ideas, please contact Bec to express your interest.



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Baby Photos



We've had so many wonderful suggestions for the newsletter, and one of the more popular ideas is birthday baby photos! Send in a photo of you as a child or baby and we'll add it to the newsletter when your birthday month comes around...

You can also send in a little story to go with the picture if you'd like it to be featured!

Thank you to Loren who sent in this superb suggestion!

Penguin Market & Op-Shop Day

Where: Penguin Market, Penguin and surrounding areas

When: Sunday 27th of February



What: Visiting the Penguin Market, op-shopping in

Penguin and the surrounding areas, and having lunch

Time: 9:00 am – 3:00 pm

Cost: No entry fees – only the cost of lunch and

anything else you would like to buy. This day can be

completely free if you want to bring your own lunch and

window shop!

CASH IS USED AT MOST STALLS AT THE PENGUIN

MARKET – SO PLEASE BRING CASH

Please note that you will need to wear a mask and

check in

Please contact Bec for more information.



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Awareness Days This Month

February – Low Vision Awareness Month

February 4th – World Cancer Day

February 7th – 14th – Congenital Heart Disease

(CHD) Awareness Week

February 15th – International Angelman Day

February 17th – Random Acts of Kindness Day

February 28th – Rare Disease Day

We Share Everything...

There was this old couple who shared everything...

They went to McDonald's, and they ordered a happy meal and the husband ate half the burger, half the chips and licked half the ice-cream.

Another customer takes pity on them and offers to buy the wife her own meal.

"It's all right," the wife says. "We share everything."

A few minutes later, the customer notices that the wife hasn't taken a bite. "I really wouldn't mind buying you folks an extra meal," they insist.

"She'll eat," the husband assures him. "We share everything."

Unconvinced, the customer implores the wife, "Why aren't you eating?"

The wife snaps, "Because I'm waiting for the teeth!"

Thanks to Tiff who sent in the awesome joke!

Meet Our Team



Dianne Haynes

Disability Support
Worker

A little bit about Dianne...

What makes you laugh?

Anything funny – movies, jokes, falling over

What is your favourite thing to do?

Camping, kayaking, hanging with friends and family

If you could live anywhere, where would it be?

In a camper travelling Oz



Mitch Polden

Disability Support Worker

A little bit about Mitch...

What makes you laugh?

Funny movies, good jokes and comedians

What is your favourite thing to do?

Outdoor activities, / walking sports and watching movies

If you could live anywhere where would it be?

On the coast of Italy



Carol A.

Participant

A little bit about Carol-Ann...

What makes you laugh?

The kids I babysit and their laughs and smiles and anyone with a good sense of humour!

What is your favourite thing to do?

That would be a tie between loving to write when I am able and sharing stories about my life that I hope will encourage and help others who struggle with hurts, hang ups and unhealthy habits, as I have and walking/bushwalking. I have not done nearly as much bushwalking as I would like to and want to bushwalk more in Tasmania and Australia that I haven't yet.

If you could live anywhere, where would it be?

Tasmania is my home. There is no where else I would want to live.